



November, 2014

Hello Everyone!

Here are the things we have focused on this month:

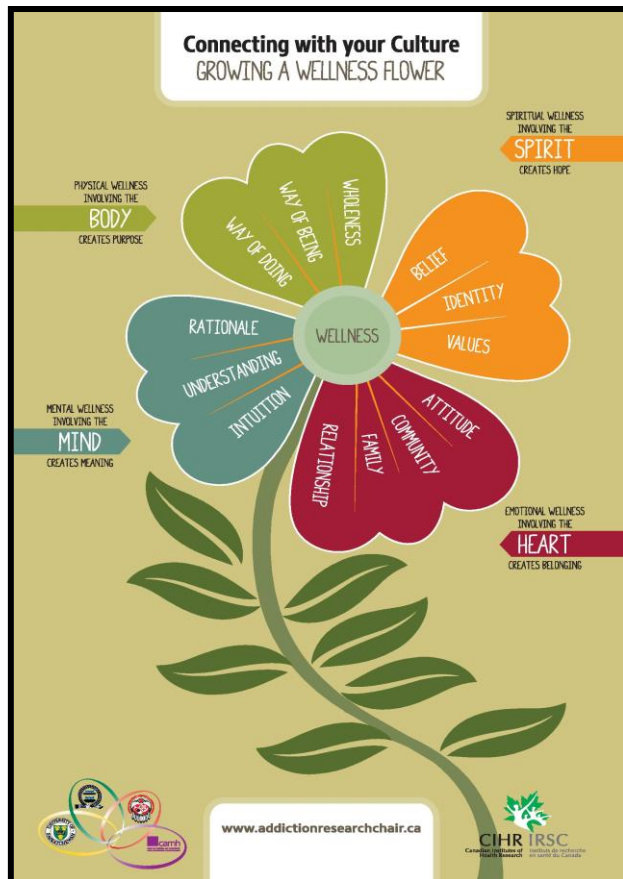
Native Wellness Assessment (NWA) piloting with Treatment Centres:

Our testing period officially ends on December 31, 2014 and to prepare for this the team has started to compile the information received to date in anticipation of analyzing the results in January 2015. We are grateful to all Treatment Centres across Canada who have been involved with pilot testing the NWA materials.

Recipe Cards:

From Clam Fritters (Tsow-Tun Le Lum Society, BC) to BBQ Salmon with Fiddleheads (Rising Sun Treatment Centre, NB), we highlight First Nations foods and culinary traditions and their importance in honouring and practicing their culture at the following site: www.tinyurl.com/cookingasculture.

Growing a Wellness Flower:



“Growing a Wellness Flower” is a practical tool developed as part of the Honouring our Strengths Project to help introduce service providers and their clients to a step-by-step process that supports engagement with what culture means for client wellness.

The package includes a Facilitators' Handbook and Activity Guide. The main visual is presented here in draft form.

For more information please contact Barb Fornssler (contact information at end).

Presentations and Publications Submitted for Review:

- “Travelling the Möbius Strip: The Influence of Two-Eyed Seeing in the Development of Indigenous Research Accomplices” has been submitted by Barb Fornssler and other team members to the edited collection: “Indigenous Health from a Multidisciplinary Global Perspective”.

Please be in touch at any time to share your input and ideas about these or any other aspects of the project going forward by emailing or calling me, Margo Rowan at mar805@mail.usask.ca or 613-841-7520, or our Project Manager, Barb Fornssler, at barb.fornssler@usask.ca or 306-966-7894.

HAVE A WONDERFUL DECEMBER & NEW YEAR!!