



July 2014

Hello Everyone!

Here's a glance at what is happening "behind the scenes" of the HOS project this month with a quick peek at upcoming fall activities.

Piloting the Wellness Assessment Instrument

Our piloting of the HOS: CasI team's Wellness Assessment Instrument (WAI) continues this month until December 2014. In addition to involving our Treatment Centre project partners, we are delighted to be joined by several other Treatment Centres who have indicated their interest in participating in the pilot phase. We are also advancing our participating in the Addictions Management Information System (AMIS) which will support a national database of WAI information for NNADAP and YSAP Centres across Canada (for more information see: <http://nnapf.com/about-n-a-p-f/scope-of-work/addictions-management-information-system>)

Recipe Cards

Good news! We are planning to open up our increasingly popular recipe contributions section on the website in September. Treatment Centre recipes will be the showcase pieces and below we'll have a 'continuing contributions' section where community members and others can share their recipes.

We also plan to share the Treatment Centre recipe cards on Facebook to encourage further recipe contributions from community members. A survey monkey form will be developed so that folks can directly enter their recipes themselves into a template similar to the original one used by Treatment Centres. Our plan is for as many people to contribute as possible so that we can all benefit from these community of wellness recipes! You may find the recipes at <http://www.tinyurl.com/CookingAsCulture>.

Meetings, Presentations, and Communications

Here's some of the events completed and to look forward to at the time of writing:

- June 16, Colleen Dell and Sharon Acoose presented a poster and did a presentation at the National Institute of Drug Abuse International Forum.
- June 24-25, Honouring our Strengths 2014 National Conference. Several members of our team attended and made presentations, including representatives from Tsow-Tun Le Lum Society Substance Abuse Treatment Centre, Leading Thunderbird Lodge Youth Treatment Centre, and White Buffalo Youth Inhalant Treatment Centre.
- July, Joseph Gone discusses his research on historical trauma and how it can help contextualise mental health problems in American Indian communities. See [Transcultural Psychiatry Podcast Number 9](#). Read the associated full research article [here](#).
- August 7, Carol and Barb presented for CAMH a webinar that had over 150 attendees. The focus was on First Nations, Inuit, and Metis specific assessment tools.

Please be in touch at any time to share your input and ideas about these or any other aspects of the project going forward by emailing or calling me, Margo Rowan at mar805@mail.usask.ca or 613-841-7520, or our Project Manager, Barb Fornssler, at barb.fornssler@usask.ca or 306-966-7894.