



December 2013

Hi Everyone and Happy 2014! This newsletter highlights the project activities over the past year.

Highlights of HOS CasI Project Activities 2013

Environmental Scan Focus Groups

Mar- Completed the environmental scan focus groups at 12 Treatment Centres.

Apr- Data review and analysis began involving three separate groups and centering on Treatment Centre perspectives and Indigenous knowledge.

Scoping Study

Jan- Moved forward with a scoping study to facilitate the joining of Indigenous and scientific knowledge.

Feb- 1st level screening began of 3,884 scientific articles along with 600 grey literature articles.

Mar- Committee members started 2nd level screening of scientific articles. Extraction form was piloted.

Apr- Data extraction began on scientific literature. 2nd level screening of grey literature began.

Jun- Planning began to write two papers from the scoping review.

Nov- First draft of results paper prepared and reviewed by the Scoping Committee.

National Forum

Jan- Planning began for National Forum.

Apr- Draft agenda was developed. A preliminary framework for wellness was developed. Integration of findings from environment scan and scoping study began, to be shared at the National Forum.

May- Draft “Goals of our Gathering” were developed. Findings across different sources of knowledge were started to be integrated.

Jul- National Treatment Centre Gathering was held in Western Canada from July 23-25, 2013.

Nov – Summary results of the Gathering were shared with team.

Draft Instrument Development

Aug- Phase 2 of project began, gearing up to develop and pilot test an instrument to measure wellness from cultural interventions to treat addictions in First Nations people.

Sep- Indigenous knowledge group or “London Group” continued working with the results from our summer Gathering to synthesize, classify and ensure balance in our preliminary set of wellness questions.

Oct- London Group created over 200 items, to be answered by a client and/or observer from a Treatment Centre, and classified these into one of four quadrants from the Wellness framework.

Dec- Research team proposed a method of item reduction. London Group will meet in January 2014 to continue item review and reduction.

Publications/ Communications

Feb- Released two project videos: 1) HOS project trailer (<http://youtu.be/5Py7KjfyfIU>) and 2) Elder Jim explaining the purpose and approach of the environmental scan focus groups <http://youtu.be/H7VbMMUBysE>.

Sep- Recipe cards were shared: <http://tinyurl.com/HOSrecipes>.

Nov- Video 3 was released that reflects on our project to date: <http://youtu.be/aDHaxLrp5PM>. A follow-up to the From Stilettoes to Moccasins song release of 2009 is shared: www.tinyurl.com/stepbystepsong.

Please be in touch at any time to share your input and ideas about these or any other aspects of the project going forward by emailing or calling me, Margo Rowan at mar805@mail.usask.ca or 613-841-7520, or our Project Manager, Barb Fornssler, at barb.fornssler@usask.ca or 306-9667894.