

## Exercise

- ◊ "Your program's mission statement can be thought of as a very broad statement that describes what your program is designed to achieve. In a sense, it describes the reason for the existence of your program" (First Steps First 2013:27).
- ◊ Going back into your substance specific groups, to develop a mission statement to develop a prevention initiative.

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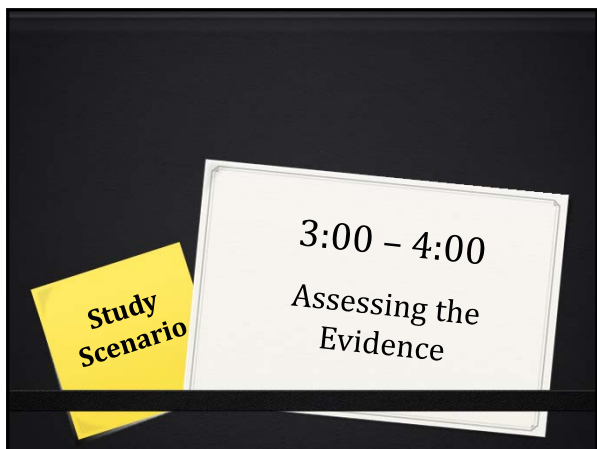
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**From Stilettoes to Moccasins: A Guide for Group Discussion Workshop**

What evidence do you need to gather to decide if you will implement this workshop?

**ExChanging Conversations: Aboriginal Culture in the Journey of Healing from Addictions**

What evidence should you gather to develop a workshop that focuses on cultural humility?

**PAWSitive Support: Applying Animal Assisted Therapy in the Treatment of Addictions & Mental Health**

How do you make a decision on whether to offer a program, when there is not a lot of existing empirical (research) evidence in the addictions field?



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**(A) From Stilettoes to Moccasins: A Guide for Group Discussion Workshop**

1. To raise awareness about the role of identity and stigma in the healing journeys of Aboriginal women in treatment for drug abuse.

2. To offer hope and inspiration gathered from over 100 Aboriginal women in substance abuse treatment who shared their healing journeys.

3. To learn from one another.



<http://www.youtube.com/watch?v=1QRb8wA2iHs>

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**(B) ExChanging Conversations: Aboriginal Culture in the Journey of Healing from Addictions**



<http://www.youtube.com/watch?v=KUGUw5tCA0w>

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### (C) PAWSitive Support: Applying Animal Assisted Therapy in the Treatment of Addictions & Mental Health

<http://globalnews.ca/news/1044791/horses-can-make-difference-in-addictions-therapy/>

<http://maxonline.sasktel.com/max-local/max-magazine/max-magazine-positive-energy.html>

**Max Magazine - Positive Energy**  
 Description: Clips of the writer chats with Max Magazine - This episode, we look at the energizing power of dance, meet a very special dog who brings laughter and smiles, and explore the ways in which sharing your hobby with others can chase away the blues.  
 Available Until: February 28, 2014

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**Wrap Up**

**4:00 - 4:30**  
**Next Steps**

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## WEBSITE & PRODUCTS

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