Becoming Trauma Informed
Edited by Nancy Poole and Lorraine Greaves

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Becoming Trauma Informed describes trauma-informed practice at the individual, organizational and systemic levels. The editors and authors bring unique perspectives from various settings and from the diverse groups with which they work, sharing how trauma-informed principles have been integrated into different mental health and addiction treatment and social service environments. They emphasize how trauma-informed services must take into account an understanding of trauma, and place priority on trauma survivors’ safety, choice and control. These contributors offer hope and direction for becoming trauma informed, showcasing their innovation, leadership, practices, ideas and compassion.

This book will be of interest to front-line addiction and mental health workers looking for practical strategies, as well as to program and system planners who want to ensure that institutional and community-based services meet the needs of people who have experienced trauma.

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