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Therapy dogs soothe U of S students exam stress

St. John Ambulance therapy dogs visit the University of Saskatchewan

CBC News Posted: Apr 10, 2014 2:29 PM CT | Last Updated: Apr 10, 2014 2:29 PM CT



A therapy dog from St. John Ambulance visited with University of Saskatchewan students to help reduce their stress during final exams. (Kathy Fitzpatrick/CBC)

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University of Saskatchewan students who work like dogs had time to relax with them today.

Therapy dogs from St. John Ambulance visited students to help reduce their stress during final exams. The students pet and played with the calming canine companions at Convocation Hall between exams.

"I have to get back to studying for chemistry, so it's a good transition from doing an exam to studying because usually your brain is just tired," Meghan Taylor said.

Another two-hour session is set for tomorrow over the lunch break. The students are also being offered massage and popcorn to help boost spirits during a stressful time of the year.

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Flaherty

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